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Plants for People

Anna Lewington



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This fascinating book describes the countless and often surprising ways in which we use plants in everyday life. Beautifully illustrated with hundreds of photographs and drawings, most in full color, *Plants for People* documents the vital role of plant-derived material in industrial products, consumer goods, fashion, cosmetics, and many other common items. And it shows how the average person benefits from hundreds of plant products during the course of a typical day, often without even knowing it. However the relentless advance of industrialization, global population growth, and environmental mismanagement have caused the extinction of thousands of plant species, and many more are threatened. Thus, the awareness of our dependence on the plant kingdom has never been more vital. Here, the author traces the origin of modern products to their roots in areas as diverse as the Amazon rainforest and the lavender fields of France, and looks too at the ecologically sound uses native people make of plants, including techniques for creating shelter, clothing, food products, and herbal medicines. These are uses that hold immense potential for a modern world confronting the destructive impact of technology and waste. The author is a world traveller and ethnobotanist. Her book is immensely readable and informative. It will appeal to everyone--from high-school students to amateur botanists to general readers--interested in the amazing variety of the natural world and its boundless importance in everyday life.

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From reader reviews:

Amelia Gallup:

Spent a free time to be fun activity to do! A lot of people spent their spare time with their family, or their friends. Usually they doing activity like watching television, likely to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your current free time/ holiday? Might be reading a book can be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Plants for People can be fine book to read. May be it could be best activity to you.

Larry Moore:

A lot of people always spent all their free time to vacation or even go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity that's look different you can read the book. It is really fun for you personally. If you enjoy the book that you just read you can spent 24 hours a day to reading a book. The book Plants for People it doesn't matter what good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. Should you did not have enough space to deliver this book you can buy often the e-book. You can m0ore easily to read this book from the smart phone. The price is not too costly but this book provides high quality.

Nicole Floyd:

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