



The Art of True Healing: The Unlimited Power of Prayer and Visualization

Israel REGARDIE

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The Art of True Healing details a powerful exercise that stimulates the body, mind, and spirit to help us create physical health and personal success. Originally published in 1932, predating by more than a half century the current interest in the mind's power to heal, this concise work guides readers through what Israel Regardie calls the Middle Pillar meditation — a technique that combines the mystical concepts of yoga's chakras and the Kabbalah's Tree of Life to create a simple and effective healing tool.

In this edition, editor Marc Allen brings Regardie's work into the twenty-first century — showing us how to unleash energy to heal our bodies and, ultimately, every part of our lives. Like few books before or since, The Art of True Healing provides both the theory and practices necessary for attaining well-being and fulfillment.

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Deon Henderson:

A lot of people always spent their free time to vacation or perhaps go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun in your case. If you enjoy the book you read you can spent the entire day to reading a guide. The book The Art of True Healing: The Unlimited Power of Prayer and Visualization it is quite good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In case you did not have enough space to bring this book you can buy typically the e-book. You can m0ore simply to read this book from your smart phone. The price is not to cover but this book has high quality.

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