



Counseling the Culturally Diverse: Theory and Practice

Derald Wing Sue, David Sue

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The bestselling resource and most cited reference in multicultural counseling and therapy

Thoroughly revised, *Counseling the Culturally Diverse: Theory and Practice, Fourth Edition* is "the classic" in the field of multicultural counseling and therapy. This latest edition offers a contemporary expansion of the definition of multicultural counseling that pushes the boundaries of the field and allows for a more inclusive and meaningful way of looking at and treating diverse populations.

Noted experts Derald Wing Sue and David Sue have updated the book to include new developments in research, theory, and practice. Major additions include: a more expansive definition of multiculturalism; the most recent statistics on the changing complexion of society; and implications for counseling and clinical practice that these changes have precipitated, which are forcing clinicians to redefine their roles and reeducate themselves on how to tend to these varied populations.

Completely updated, *Counseling the Culturally Diverse* includes:

- New chapters on counseling biracial/multiracial populations, women, gays/lesbians, the physically challenged, the elderly, and monocultural organizations
- A new section in every chapter covering "Implications for Clinical Practice"
- Updated chapters on counseling African Americans, Asian Americans, Latino/Hispanic Americans, and Native Americans
- New clinical case studies and real-life examples illustrating the concepts of multicultural counseling and therapy in action

Combining a sound conceptual framework for multicultural counseling with proven therapeutic methods for specific populations, *Counseling the Culturally Diverse* remains the best source of real-world counseling preparation for students and the most enlightened and influential guide for all mental health professionals.

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