

Behavioral Management Guide: Essential Treatment Strategies for the Psychotherapy of Children, Their Parents, and Families

Muriel Prince Warren



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The Behavioral Management Guide is designed to help therapists develop comprehensive treatment plans for the disorders of every child they are working with, including Post-Traumatic Stress Disorder, Critical Incident Stress, and Bereavement. For example, it offers therapists guidelines for helping patients avoid hazards when grieving and, using a self-actualization developmental model, rise from the ashes of grief. This book ensures a smooth relationship with behavioral case managers. It will not only help in generating optimal treatment certification and authorization for your clients, but will help in the everyday task of writing chart notes which most practitioners despise, but are required by state law and the regulations of managed care companies.

This manual will help the therapist document everything from the first phone call to the final discharge summary. Using this book as a guide, all a practitioner now needs to do for each client is to diagnose the problem, copy the treatment plan from the book, and place it in the client's chart. It's all there: the behavioral symptoms; other diagnostic possibilities; the objectives of treatment and short-term behavioral goals as well as the therapist's interventions to meet them. The plan even includes space to enter a summary of the session with room for your signature, as required, at the bottom of each page.

Each diagnosis has been carefully researched and matched with the appropriate interventions for treating children. *The Behavioral Management Guide* can also be used as a teaching manual to train therapists on what to do in the treatment room, and to help seasoned therapists develop fresh, creative interventions that can and must be used in this new world of critical incidence and increased stress, from which both clients and therapists suffer. In addition, the book includes a description of leading behavioral techniques, and homework assignments, bibliotherapies both for parents and children, therapeutic games, a listing of self-help gro

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