



# Take Your Soul to Work: 365 Meditations on Every Day Leadership

*Erica Brown*

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## **Take Your Soul to Work: 365 Meditations on Every Day Leadership** Erica Brown

Practical, inspired, and bite-sized wisdom from renowned religious scholar Erica Brown, these daily meditations help add greater depth and purpose to your leadership.

Few leaders have a plan when it comes to soul-building at work. As a result, they often find themselves spiritually or emotionally depleted, and they can lose the larger ideals that made them want to lead in the first place. *Take Your Soul to Work* is a daily meditational for business and nonprofit leaders looking for inspiration. Each entry focuses on a different quality, emotion, or aspiration (“on discipline,” “on compassion,” “on impermanence,” “on callousness,” “on productive narcissism”) by presenting a relevant quote, story, or question inspired by the traditions of all faiths as well as artists, poets, and business thinkers to help leaders reframe, rethink, and reset.

Leaders rarely have time to reflect between the meeting, calls, and emails that eat away at the work day. With just one thought per day for the entire year, these 365 meditations will anchor, ground, and enrich corporate titans and nonprofit visionaries. *Take Your Soul to Work* provides spiritual nourishment and encourages leaders to steer their organizations with honesty, grace, and courage—and experience transcendence in the process.

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