



Addictions Suck: Learn to Break Destructive Patterns and Behaviors

Robin D Cantwell

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Finding Freedom from Addiction - It is the one thing you turn to when things get tough. It's what you want to do with your free time and what you wish you could be doing when you're busy. Even work becomes just a means of supporting it. It touches every area of your life. Addiction. It steals your time, money, mental energy, health, and self-confidence. It destroys your life, piece by piece. Robin D. Cantwell has struggled with many forms of addiction. She knows how it feels to want to quit but not know how, to long for freedom when it feels so far away. In Addictions Suck, she shares her story, offering hope, understanding, and a fresh perspective to anyone who is dealing with an addiction in their life or in the life of a loved one. Every person is different, but the struggles are the same. The path to freedom is also the same. No matter what the addiction or how long you have contended with it, there is hope. God loves us and has made a way for us all to be free.

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