



A Friend's and Relative's Guide to Supporting the Family with Autism: How Can I Help? (Friends & Relatives Guide)

Ann Palmer

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When a child is diagnosed with an autism spectrum disorder (ASD), what the family really need, and often lack, is positive reassurance and understanding from those closest to them. This book is packed with advice on how extended family members and friends can provide the necessary support.

Explaining the diagnosis and characteristics of ASD, this helpful guide uses examples from real families to illustrate the complex feelings that parents and each member of the family are likely to go through after a child is diagnosed. It gives practical tips on help that might be needed most, details the possible changes that will take place as the family adjusts and concludes with a comprehensive guide to other useful sources of information.

This book will help strengthen relationships between parents and their extended family and friends, enabling a reliable support system to develop which will remain crucial to the child throughout their life.

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