



Rheumatology Practice in Occupational Therapy: Promoting Lifestyle Management

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Rheumatology Practice in Occupational Therapy: Promoting Lifestyle Management is a valuable new handbook focusing on rheumatology, a core area of occupational therapy practice. It provides practical guidance to help occupational therapists treat and manage rheumatic conditions in both clinical and community settings and emphasises a contemporary 'client-centred' approach as a fundamental requirement of effective and rewarding occupational therapy practice.

Drawing upon personal, clinical and theoretical perspectives, *Rheumatology Practice in Occupational Therapy* equips the reader with an understanding of the relevant practical skills and of the clinical reasoning required to modify and apply these skills to the needs of individual people. Written by experts from occupational therapy, sociology and psychology, this book addresses the need to adapt occupational therapy interventions to each client's own experience of living with a rheumatic condition and develops the reader's understanding of key theoretical and clinical approaches to person-centred management.

Rheumatology Practice in Occupational Therapy is essential reading for all occupational therapists helping people with rheumatic conditions in hospital and community settings, and for students preparing for practice. It will also be of interest to other healthcare professionals working with people with these conditions.

- Includes personal narratives of people trying to live their lives within the context of a debilitating condition
- Promotes understanding of key theoretical and clinical approaches to person-centred management
- Written by authors with extensive experience in clinical and research contexts
- Offers practical resource sections at the end of each chapter

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