



Lives with Autism

Dr Steve Mee

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What is autism really like?

Academic literature often defines autism in a clinical, pathology-orientated way, whereas personal testimony can tell health and social care professionals how it feels.

This book presents personal accounts from people whose lives have been touched by the day-to-day realities of autism: people with autism, professionals who interact with them, their parents and their siblings. The stories are mostly told 'straight', with brief introductory comments and a few reflections at the end of each chapter.

As Autism Programme Leader at the University of Cumbria for the past 13 years, Steve Mee is uniquely placed to compile such a book. He has met, and befriended, many people with autism and their families. Through listening to their stories, he has had moments of profound challenge and insight. In this book, he shares these personal narratives and what he has learnt from them. Reading these accounts will enable professionals to develop a real understanding of what it is like to live with autism, in all its nuanced detail. This in turn can provide vital insights into the impact (both positive and negative) of professional interventions.

Contents include:

Introduction

Section 1: Three women getting on with their lives

Section 2: Going through the education system

Section 3: From education to work

Section 4: Mothers' stories

Section 5: Sisters, churches and nurses

Section 6: Conclusion

Reflections on these stories

Resources

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