



Funky Lunch

Mark Northeast

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Funky Lunch started out from a very simple place - the desire of a loving father to turn an ordinary lunchtime sandwich into something a bit different in order to encourage his children to eat a varied and healthy lunch. Its creator, Mark Northeast, thought it would be fun to post a few pics on the web and start a blog. But then he got spotted by the PR for the Metro group of newspapers and then the *Daily Mail*, and then the rest of the world's press and then came an appearance on ITV's *This Morning* and then commissions for BBC's *Children in Need* and even an appearance on *Blue Peter*. Every parent knows how stressful meal times can be. Young minds need inspiring and this is exactly what *Funky Lunch* sets out to do. The book features many of the very best *Funky Lunch* sandwich ideas, from simple farmyard creatures and cucumber crocodiles to favourite characters from the world of children's TV, as well as some fun and creative interactive spreads to help get the little ones involved in choosing and making their own lunch.

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