



Facing the Frozen Ocean: One man's dream to lead a team across the treacherous North Atlantic

Bear Grylls

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Shortlisted for the William Hill Sports Book of the Year Award 2004, this is the compelling account of the most recent

adventure of the bestselling author of *Facing Up*.

It started out as a carefully calculated attempt to complete the first unassisted crossing of the frozen north Atlantic in an open rigid inflatable boat, but it became a terrifying battle against storm-force winds, crashing waves and icebergs as large as cathedrals. Starting from the remote north Canadian coastline, Grylls and his crew crossed the infamous Labrador Sea, pushed on through ice-strewn waters to Greenland and then found themselves isolated in a perfect storm 400 miles from Iceland.

Compelling, vivid and inspirational, *Facing the Frozen Ocean* will appeal to all Bear Grylls' many readers and win him many more.

'An epic story of hardship, friendship and faith' *Daily Telegraph*

'Riveting' *Daily Express*

'Grylls is certainly proof that the age of great explorers has not completely passed us by' *Scotsman*

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