



# Pointing Out the Dharmakaya: Teachings on the Ninth Karmapa's Text

*Khenchen Thrangu*

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## **Pointing Out the Dharmakaya: Teachings on the Ninth Karmapa's Text** Khenchen Thrangu

At the heart of successful Mahamudra practice is the ability to understand the nature of mind. The Ninth Karmapa Wangchuk Dorje (1556–1603) was the acknowledged master of this approach. No more authoritative or useful instructions exist than in his three definitive texts on Mahamudra, of which this easy-to-use manual is the shortest and most practical. *Pointing Out the Dharmakaya* is an indispensable companion to *The Ocean of Definitive Meaning*, the most vast and detailed of the texts. An invaluable guide for Mahamudra practitioners on how to look at the mind, it is clearly laid out so that the instructions are easy to recall and put to use. Brilliant explanations by Khenchen Thrangu Rinpoche make this text vividly relevant for contemporary Western practitioners. For those committed to ascertaining the mind's true nature, checking their experience, and refining and extending their insight, there is no more systematic or comprehensive approach than can be found in this extraordinary set of instructions.

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