



Plats du Jour

William Black

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There is more than a slight malaise in the air these days about French food and cooking. While the rest of the world delights in the intricacies of molecular gastronomy and even Britain is revelling in a culinary renaissance, in France the years of worship at the temple of the great god Michelin seem to have blinded them to change and evolution. Why is this? What is it about the French that causes them to be so blinkered about their food?

Plats du Jour is an attempt to answer that question, as William Black explores the highways and byways of French cooking. Taking as his starting point the great tradition of French food, William tackles years of received wisdom and parochial food snobbery head on, though with his mind (and his mouth) firmly open... He eats *tête de veau* and fried cow's udder with his French wife's family near Orléans. He samples the dubious (and illegal) delights of ortolan in the south west and has the most painfully disappointing gastronomic experience of his life. He combs the beaches of Brittany for seafood and is chased away from a festival by an enraged Basque villager. His dedication to the culinary cause knows few bounds.

Plats du Jour is a book which the French aren't going to like very much. That said, it's a highly entertaining and irreverent look at the world's greatest culinary tradition which will be required reading for anyone with an interest in food and cooking...

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