



Anti-Stress Patterns Inspirational Abstract Designs to Calm and Relax: Coloring Book for Adults (Arts On Coloring Books) (Volume 4)

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Anti-Stress Patterns Inspirational Abstract Designs to Calm and Relax is **THE** coloring book for adults looking for relaxation, calm and stress relief. It contains 44 incredibly detailed and artistic abstract patterns printed on one side of the page to reduce bleed through. The drawings are intricate and challenging, suitable for advanced colorists.

Anti-Stress Patterns Inspirational Abstract Designs to Calm and Relax is the 4th title in the series **Arts ON Coloring Books**, dedicated to coloring books for adults, following the popular *Color me Smart brain puzzles coloring book*, *Beautiful Flowers Detailed Floral Designs Coloring Book* and *Yoga and meditation coloring book for adults*.

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