



Setting BoundariesTM with Your Adult Children

Allison Bottke

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Setting Boundaries™ with Your Adult Children Allison Bottke

This important and compassionate new book from the creator of the successful God Allows U-Turns series will help parents and grandparents of the many adult children who continue to make life painful for their loved ones.

Writing from firsthand experience, Allison identifies the lies that kept her, and ultimately her son in bondage—and how she overcame them. Additional real life stories from other parents are woven through the text.

A tough–love book to help readers cope with dysfunctional adult children, *Setting Boundaries with Your Adult Children* will empower families by offering hope and healing through S.A.N.I.T.Y.—a six–step program to help parents regain control in their homes and in their lives.

- S = STOP Enabling, STOP Blaming Yourself, and STOP the Flow of Money
- A = Assemble a Support Group
- N = Nip Excuses in the Bud
- I = Implement Rules/Boundaries
- T = Trust Your Instincts
- Y = Yield Everything to God

Foreword by Carol Kent (*When I Lay My Isaac Down*)



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From reader reviews:

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Wesley Powell:

A lot of people always spend their own free time to vacation or go to the outside with their family or their friend. Do you know? Many a lot of people spend many people free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity this is look different you can read the book. It is really fun for you personally. If you enjoy the book you read you can spend the entire day to reading a book. The book Setting Boundaries™ with Your Adult Children it is very good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the actual e-book. You can more simply to read this book from a smart phone. The price is not too costly but this book features high quality.

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