



Taping and Wrapping Made Simple

Brad A. Abell

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Taping and Wrapping Made Simple is a basic yet comprehensive guide to taping and wrapping. Designed with the beginner or novice in mind, this text introduces the reader to basic anatomy, medical terminology, and general taping techniques. The book begins by introducing essential supplies and terminology and then moves on to the basic foundation in taping and wrapping techniques as well as injury and wound care. The remainder of the book presents simple-to-follow procedures for the lower and upper body.

An accompanying DVD and Website with more than 40 video clips show readers exactly how to perform procedures correctly.

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