



Four-Session Guru Yoga by Miky Dorje: Khenpo Karthar Rinpoche's Commentary Based on the Commentary by Karma Chakme Rinpoche

Khenpo Karthar Rinpoche

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The Four-Session Guru Yoga that we practice, composed by the Eighth Karmapa Miky Dorje, was based on an earlier guru yoga found in the writings of Lama Shangsalpas (Lord Gampopas disciple), secret teachings that were sealed by command seal. Miky Dorje used this as the basis for his composition. There is a commentary on this practice written by the Ninth Gyalwang Karmapa Wangchuk Dorje, which is impracticably long. Chakme Rinpoche wrote his commentary because until that time there was no easily accessible commentary for doing Four-Session Guru Yoga. Chakme Rinpoche's commentary presents the meditations and visualizations to be done at the various sections of the text. Includes the sadhana of *Four-Session Guru Yoga by Miky Dorje* and a CD with Khenpo Karthar Rinpoche chanting the sadhana. Thangka on front cover: The Eighth Gyalwang Karmapa Miky Dorje, Eastern Tibet 1800–1899, ground mineral pigment on cotton, from the collection of the Rubin Museum of Art, courtesy of the Shelley and Donald Rubin Foundation.

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