



# **The Student Athlete's Guide to Getting Recruited: How to Win Scholarships, Attract Colleges and Excel as an Athlete**

*Stewart Brown*

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Illustrating that there is a spot for everyone, this recruitment manual is a go-to guide for all high school students that dream of participating in college athletics. It addresses not only how to get recruited by top colleges and universities but also how to excel academically in both high school and college to ensure a successful career as a student-athlete. Offering insider information, this guidebook for getting scholarship money also provides tips for understanding the complicated NCAA recruiting rules, information on what colleges really want from athletes in their programs, and techniques for developing individual skills to transition successfully from high school to college athletics. Candid and insightful input from college athletics experts, college and high school counselors, and athletic trainers helps sportspersons achieve success in many areas of their life—including training, nutrition, and time management—catapulting these students beyond their peers both on and off the field.

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