



What You Need to Know About Your Man's Testosterone

Nelson Rafael Vergel

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Is your man experiencing: ? Fatigue? ? Low or no sex drive? ? Less mental focus? ? Less tolerance to stress? ? Lack of interest for things that he used to love? Then, this book may be for you to read. He may be one of the 15 million men in the United States that are suffering from testosterone deficiency and not know it. Many men do not seek help and are sometimes in denial about this problem that can affect their relationships. Fortunately, you may arm yourself with important information before bringing up this sensitive issue in conversations with him. After reading this book you will know: ? How to spot symptoms of low testosterone in men ? What his best treatment option is more suitable, if he needs one ? How to identify and treat potential side effects before they become a problem ? What foods and medicines can lower his testosterone ? What compounding pharmacies are and how they can customized economical TRT options for him ? Upcoming testosterone options for women (yes, women may also need testosterone) ? And much more

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