



Sofrito

Phillippe Diederich

Download now

[Click here](#) if your download doesn't start automatically

Sofrito

Phillippe Diederich

Sofrito Phillippe Diederich

"In this entertaining debut novel, Frank Delgado tries to save his failing restaurant by returning to Cuba, his dead father's homeland, to get ahold of a top-secret chicken recipe. But there is more than delicious chicken at stake here. Food is the road home—geographically, emotionally, metaphorically. Peppered with cooking advice from chefs, ordinary folks, and celebrities including Fidel Castro himself (an advocate of pork), Phillippe Diederich's *Sofrito* is a love letter to the deepest recesses of nostalgia's heart."—**Cristina Garcia**, author of *Dreaming in Cuban* and *King of Cuba*

Frank Delgado is no thief. He co-owns a failing Cuban restaurant in Manhattan's Upper East Side. The restaurant, like Frank, is rudderless. Lost. He decides he'll save the restaurant by traveling to Cuba to steal the legendary chicken recipe from the famed El Ajillo restaurant in Havana. The recipe is a state secret, so prized that no cook knows the whole recipe. But Frank's rationale is ironclad—Fidel stole the secret from his family, so he will steal it back. He will triumphantly bring that recipe back to Manhattan and turn his fortunes around.

Frank has no interest in Cuba. His parents fled after the Revolution. His dead father spent his life erasing all traces of Cuba from his heart with barbeques, television, lawn mowing and alcohol. So Frank is not prepared for the real Cuba. Sure, he gets beat up and almost killed, the secret service threatens him, but in the midst of the chaos, he falls in love with a prostitute and the city, and he unwraps the heroic story of his parents' life. Cuba begins to bind Frank together, the way a good sofrito binds the flavors of a Cuban dish.

Phillippe Diederich is a Haitian American writer and photojournalist raised in Mexico City and Miami, Florida. The dictator Papa Doc kicked his parents out of Haiti in the 1960s. Phillippe grew up listening to stories of nostalgia, revolution, and exile. His friends were the sons and daughters of parents who had fled oppressive regimes throughout Latin America.

 [Download Sofrito ...pdf](#)

 [Read Online Sofrito ...pdf](#)

Download and Read Free Online Sofrito Phillippe Diederich

From reader reviews:

Frances Hairston:

Have you spare time for just a day? What do you do when you have more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent all their spare time to take a walk, shopping, or went to the actual Mall. How about open or maybe read a book eligible Sofrito? Maybe it is to become best activity for you. You know beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with their opinion or you have various other opinion?

James Mendoza:

What do you consider book? It is just for students since they are still students or it for all people in the world, the actual best subject for that? Only you can be answered for that question above. Every person has various personality and hobby for every other. Don't to be forced someone or something that they don't would like do that. You must know how great in addition to important the book Sofrito. All type of book would you see on many methods. You can look for the internet methods or other social media.

April Miller:

The book Sofrito will bring you to definitely the new experience of reading any book. The author style to clarify the idea is very unique. In the event you try to find new book to see, this book very ideal to you. The book Sofrito is much recommended to you to read. You can also get the e-book from your official web site, so you can easier to read the book.

Pamela Jernigan:

The e-book with title Sofrito has lot of information that you can discover it. You can get a lot of profit after read this book. This specific book exist new understanding the information that exist in this book represented the condition of the world now. That is important to yo7u to be aware of how the improvement of the world. That book will bring you throughout new era of the globalization. You can read the e-book on your own smart phone, so you can read the item anywhere you want.

Download and Read Online Sofrito Phillippe Diederich

#ZB09QWDG1F3

Read Sofrito by Phillippe Diederich for online ebook

Sofrito by Phillippe Diederich Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Sofrito by Phillippe Diederich books to read online.

Online Sofrito by Phillippe Diederich ebook PDF download

Sofrito by Phillippe Diederich Doc

Sofrito by Phillippe Diederich Mobipocket

Sofrito by Phillippe Diederich EPub