



# Healthy Indian Cooking: Enjoy The Authentic Taste, Texture And Flavour Of Classic Indian Dishes, Without The Fat

*Shezhad Husain, Manisha Kanani*

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Here are all the best-loved Indian dishes that, with just a few simple changes, you can now enjoy without the fat! A useful introduction gives advice on low-fat cooking and the book is illustrated with 850 clear photographs throughout.

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